



Juli's Way: A Living Feast

Participant Waiver & Release of Liability

Participant Name: _____

Date: _____

Phone: _____

Email: _____

Welcome

Thank you for joining a Juli's Way Living Feast! My goal is to provide a welcoming environment where guests can enjoy fresh, seasonal, low-fat raw vegan foods while connecting with others in a supportive community.

Please read and sign the following waiver before participating.

Assumption of Risk

I understand that participation in this event is voluntary. I acknowledge that consuming food and participating in any activities carries inherent risks, including but not limited to food allergies, food sensitivities, digestive discomfort, slips, falls, insect bites, weather-related conditions, and other unforeseen circumstances.

I voluntarily assume all risks associated with my participation.

Health Responsibility

I certify that I am responsible for determining whether this event is appropriate for me.

I understand that the foods served are primarily fresh fruits, leafy greens, vegetables, herbs, nuts, and seeds prepared in accordance with a low-fat raw vegan lifestyle.

I understand that I am solely responsible for informing Juli's Way of any food allergies, intolerances, or medical conditions before consuming any food.

Not Medical Advice

I understand that the information shared during this event reflects personal experience and educational information related to healthy lifestyle practices.

Nothing presented should be considered medical advice, diagnosis, or treatment.

I agree to consult my physician or other qualified healthcare provider regarding any medical concerns.

✿Fragrance-Free Environment

I understand that **Juli's Way: A Living Feast is a strictly fragrance-free event** in consideration of guests and hosts with fragrance and chemical sensitivities.

I agree to arrive **completely fragrance-free**. This includes, but is not limited to:

- Perfume or cologne
- Body sprays
- Scented lotions, creams, or body products
- Fragranced deodorants
- Strongly scented hair products, hairspray, or styling products
- Essential oils
- Clothing carrying noticeable fragrance from scented laundry detergent, fabric softener, dryer sheets, fragrance boosters, or other scented products

I understand that **“natural” fragrances and essential oils are also considered fragrance** for purposes of this policy.

I understand that if I arrive wearing or carrying a noticeable fragrance, I may be asked to leave the event in order to protect the health and comfort of others.

If I am purchasing registration for another person, I agree to inform that person of the fragrance-free requirement before the event.

Release of Liability

To the fullest extent permitted by law, I release and hold harmless Juli's Way, Julianne (Juli) Trzaska, event hosts, volunteers, assistants, property owners, and affiliates from any claims, liabilities, injuries, illnesses, allergic reactions, losses, or damages arising from my participation in this event, except where caused by gross negligence or intentional misconduct.

Photography & Video (Optional)

☐ I give permission for photographs or video taken during the event to be used for educational or promotional purposes.

☐ I do not wish to appear in photographs or videos.

Emergency Contact

Name: _____

Relationship: _____

Phone: _____

Acknowledgment & Electronic Signature

By typing my full legal name below, I acknowledge that I have carefully read and understand this Participant Waiver and Release of Liability and voluntarily agree to its terms. I understand that my typed name constitutes my electronic signature and has the same force and effect as my handwritten signature.

Full Legal Name (Electronic Signature)

Date